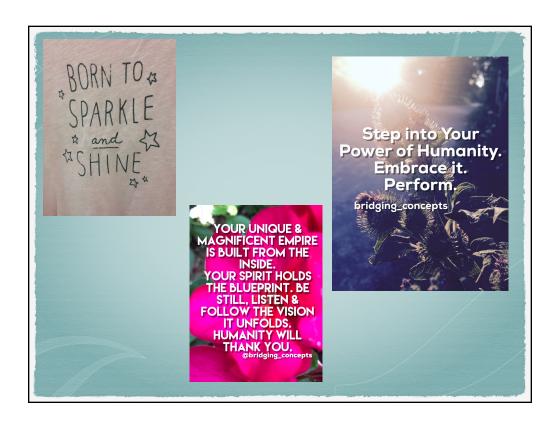


Our Goals Today...concepts, activities, and tips

- Your story is your starting point
- The need to ask more questions less assumptions
- Values finding common ground to communicate
- What's in your name? your personal guide to success
- Tips to engage with your clients ...sprinkled throughout this session
- Every day has pockets of possibility





What's your Story?

- Where are you from?
- What about your life journey can help you bridge to your client's situation?
- Build an authentic connection

Finding Common Ground

What are some activities you enjoy doing? What brings you happiness?

What do they mean to you?

What happens if you couldn't practice those activities?

Finding Common Ground

We need to have empathy for our participants & clients

What we may take for granted in our life journey can be very different for some Indigenous peoples due to historical restrictions of the Indian Act, Residential School Era, and socio/economic conditions

The Need to Challenge our assumptions in planning & delivery

- Ask questions
- Watch, listen and be aware of cultural communication differences
- Be flexible
- The definition of success may be different from your perspective
- Activity: my perfect day helps to get to know our clients

What happens in your perfect day?

Morning – Afternoon - Evening Who is with you? What are you doing?

This builds hope, and lets people know it's ok to dream and start to make changes towards a brighter future



Values: help to support our communication & finding connection

- * honesty recognize who you are & be honest with yourself
- humility no matter how much you know - you are but a part of a larger universe
- wisdom know difference between good & bad and the results of your actions
- * love take care of those weaker than you, give your love unconditionally, live with peace towards all



Values: help to support our communication & finding connection

- respect show respect for others & their beliefs, respect for self, respect for environment
- bravery to be do the right thing even if it may hurt you
- * truth be truthful with yourself & others, to know and live with these teachings is to live with truth



What does **your name** mean to you?

Write out your first name or initials

For each letter what is a value that will be a positive reminder of how you want to show up in the world?



Engagement Tips

- Have cultural awareness training for your staff to help prepare for them for program delivery
- Explore the lens of bias through Indigenous inclusion nuances in your program
- the relationship building begins with you then your organization
- take time to learn the local nuances, values, ways of doing things
- when visiting an community or organization, remember you are a guest

Planning & Prep tips

- make use of informal networks to help communicate news of the event, inform local Indigenous organizations and ask for their assistance
- acknowledge the traditional territory you are on, seek to have an elder from that area as your guide
- use local artists and talent at your events that are representative of the local culture
- it is most helpful to find a local Indigenous organization to help guide you in the protocols

Planning & Prep tips

- depending on the information you are sharing, plan for elders, youth, children and the broader community to attend
- consider the location you will be in, there may be need for transportation
- Discuss the start & end time be flexible
- meals/snacks should be planned with awareness of diabetic needs - consider ordering extra for take away for clients if possible

