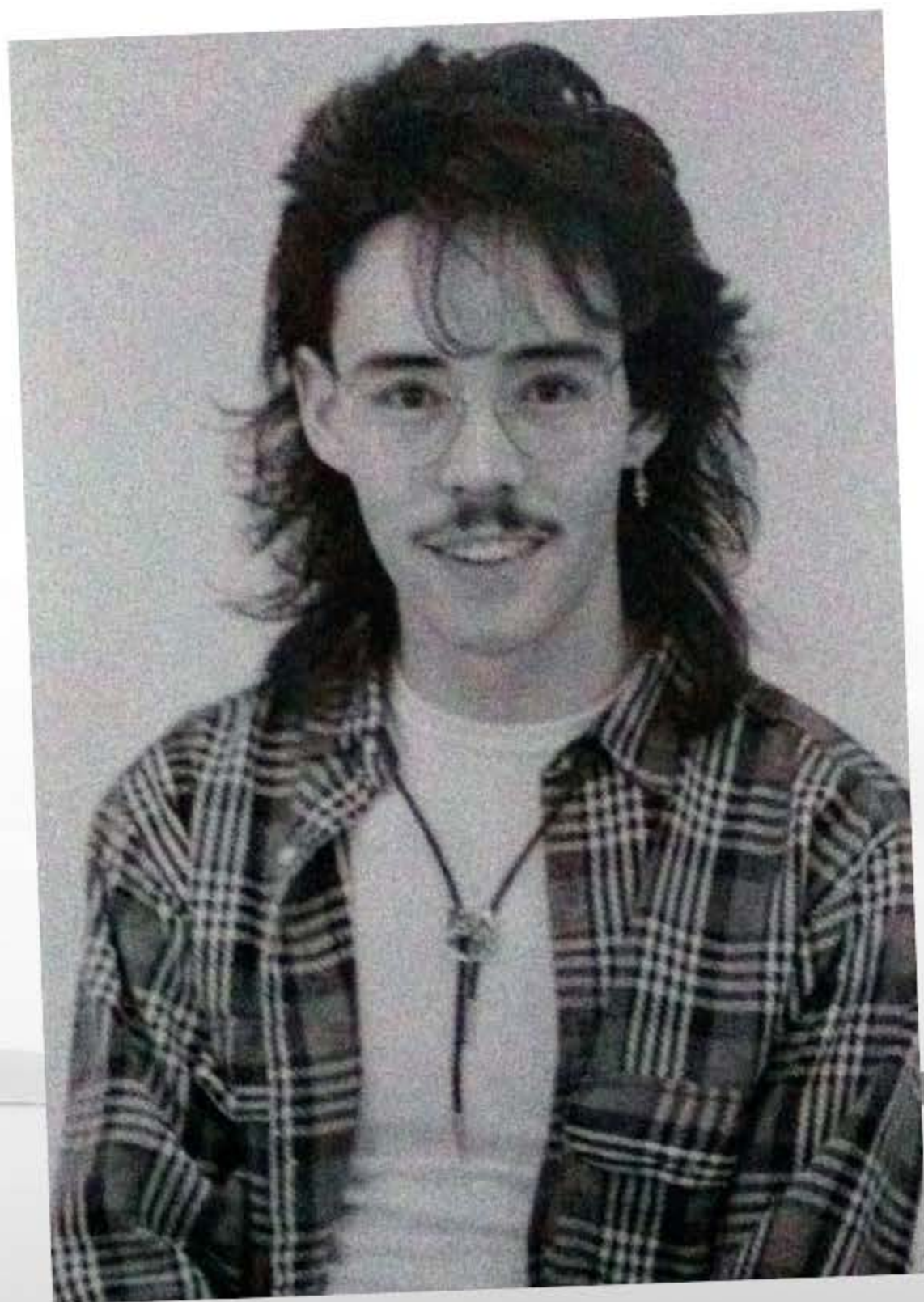


# how to ikigai









# Job:

**paid position of  
regular employment**



**Dictionary.com**

# Work:

**activity involving mental or physical effort done in order to achieve a purpose or result**



[Dictionary.com](https://www.dictionary.com)



**iki = life**  
**gai = worth**





**ikigai = life's worth**





**Do what you love**



**Do what you can  
be rewarded for**



**Do what  
you're good at**



**Do what the world needs**



# Tim's ikigai = To Delight





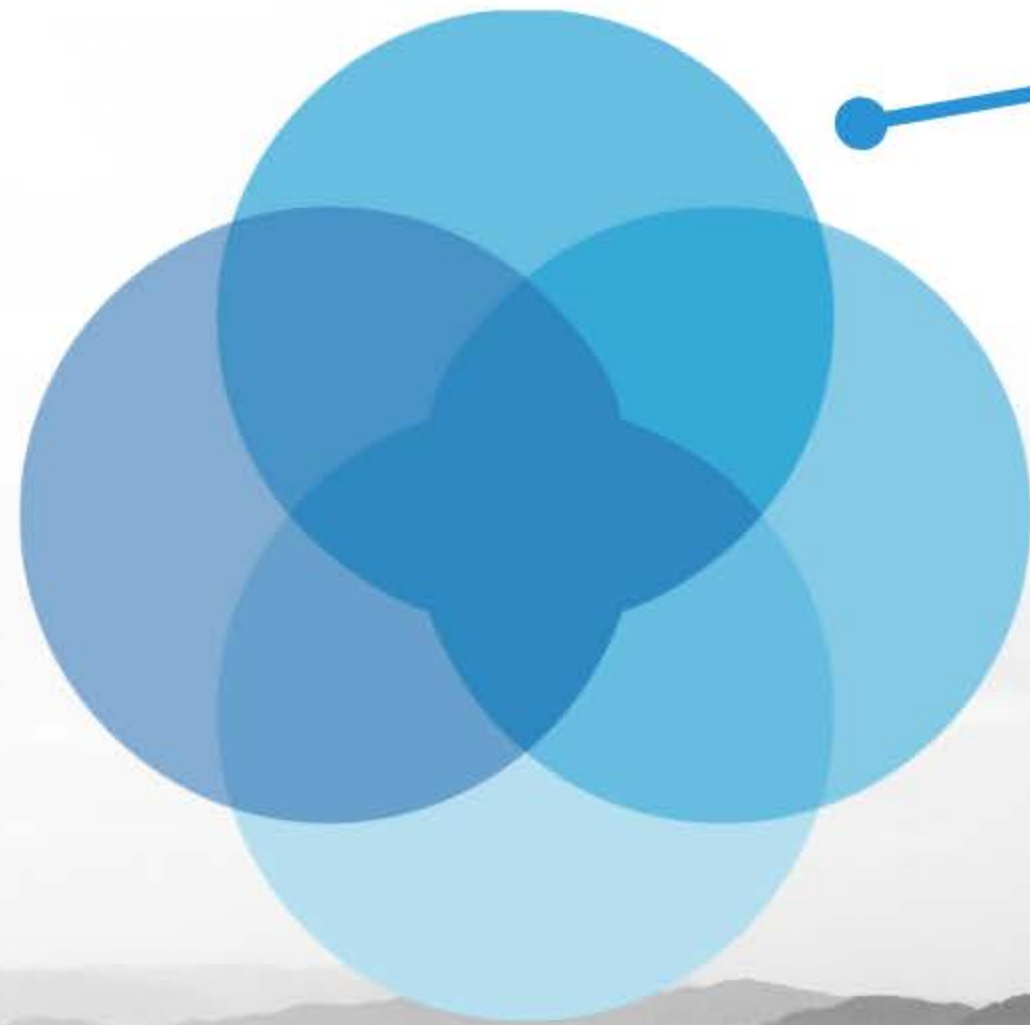
# What's MY ikigai?



# START HERE:

**What do you love?**

**What are you good at?**





# Explore Ponder Zero In



# **Ikigai is action / verb**

**To Serve  
To Create  
To Nourish  
To Provide**



**To Teach  
To Heal  
To Connect  
To Build**



DO  
MORE  
YOU







DO  
MORE  
YOU

